

## How to Make Hand Sanitizer

Sierrah: Hey Everyone!

Reggie: It's your favorite Coach and Teacher, The future Mr. & Mrs. Chavis, Reggie

Sierrah: And Sierrah

Reggie: So, as educators we are always around kids who are coughing and sick during the winter months.

Sierrah: But this year is a little different though, I am pregnant. (Camera 2)

Reggie: And the dreaded coronavirus.

Reggie: Hand sanitizer is hard to come by and I need to protect the misses.

Sierrah: And we have to protect our future.

Reggie: So, we are going to make our own alcohol-based hand sanitizer.

Sierrah: (Close up of products)  
We will use:

- 2/3 cup of 91% rubbing alcohol also known as isopropyl alcohol
- 1/3 cup of pure aloe vera gel, preferably without additives
- An essential oil of your choosing, I will be using lavender
- A mixing bowl
- A spoon
- A funnel
- And a plastic container for our finished product

Reggie: First, mix the alcohol and aloe vera gel in the bowl.

Reggie: Stir until the mixture is completely smooth.

Sierrah: If you prefer your sanitizer to be thicker then add a spoon full of aloe vera.

Sierrah: You can also thin it out by adding a spoon full of alcohol.

Reggie: Next, we will add our essential oil.

Sierrah: We have chosen lavender because its known to help relieve stress.

Reggie: We will add one drop at a time, stirring as we go.

Sierrah: After about 8 drops, smell to determine if you like the scent.

Reggie: Baby, what do you think?

Sierrah: Smells good to me, so we will stop here but if you want it stronger then add a few more drops.

Reggie: Lastly, Grab your funnel and plastic container.

Sierrah: Place the funnel over the mouth of the container and pour in the hand sanitizer.

Sierrah: Screw on your lid and there you have it.

Sierrah: \*Smells\* Oh my God. It smells so good.

Reggie: Wonderful! See you guys next time.